



纽涅闭关

千手千眼观音

THOUSAND ARMS CHENREZIG NYUNGNE RETREAT

29th - 31st March 2013 (3 days 2 nights)
2013年3月29日 - 30日 (三天两夜)

The retreat will start at 8am, 29th Mar and will finish at 8am, 31st Mar
29日早上8点入关, 31日早上8点出关

Kindly noted that retreatant are required to stay in the Gompa throughout the retreat 闭关全程住宿在中心

Retreat Fees: \$35 (member), \$40 (non-member) 闭关费: 35元 (会员), 40元 (非会员)

Member priority 会员优先

THE RETREAT WILL BE LED BY VEN. DORZIN DHONDRUP RINPOCHE

His Holiness Kyabgon Chetsang Rinpoche officially appointed Venerable Konchok Dhondrup as the resident teacher of Drigar Thubten Dargye Ling with the title Dorzin (Vajra Master) on the 18th February 2008.

On 8th June 2008, H.E. Garchen Rinpoche performed the enthronement ceremony and recognized Lama Konchok Dhondrup as Dorzin. From his root guru, H.E. Garchen Rinpoche, Ven. Dorzin Dhondrup received many teachings and initiations on Mahamudra, Six Yogas of Naropa, the Great Drikung Phowa, Dzogchen, Yamantaka as well as on the Dharma Protectors according to the Drikung Kagyu tradition.

In June 2006, under the instruction of H.E. Garchen Rinpoche, Ven. Dorzin Dhondrup arrived in Singapore to establish a Dharma Centre according to the eminent Drikung Kagyu Lineage.

Since the establishment of Drigar Thubten Dargye Ling Centre in 2007, Ven. Dorzin Dhondrup has diligently conducted many Dharma activities and practices as the Centre's resident teacher, faithfully fulfilling his root guru's intentions and instructions.

Nyungne is the most effective course of practices for purification of unvirtuous actions and generation love and compassion. The practice was revealed by Bhikshuni Phalmo, a practitioner who suffered from leprosy. She performed this practice for 12 years in conjunction with the Avalokitesvara practice and became a great siddhi. The retreat course involves powerful practices of purification such as periods of fasting, prostrations, and silence. The purification practices increase positive energies and so in and of themselves are causes for happiness and harmony for the entire world.

The Nyungne Retreat consists of maintaining eight vows and repeating practices of purification for a set number of days.

千手千眼观音纽涅闭关法会

“纽涅”是净除恶业罪障和开展慈悲心最快速有效的法门。多个世纪以前，帕莫比丘尼患有严重的麻风病，于是她精进修持了12年的观音法门并获得巨大成就。藉由纽涅的持戒，闭关者不但持守八关斋戒，而且将经验禁饮食、禁语，以及修持大礼拜等，令大慈悲心油然而生，真正体悟痛苦。其功德能调伏恶念、捨离恶业，是聚集正面能量，为世界带来安乐因极为殊胜修持的法门！

在千手千眼观音纽涅闭关法会中，参加者必须持守八关斋戒。

FOR ENQUIRIES : 91008081 / 97990080
询问详情

Open for 20 participants only, please register early. 只限20位参加者，请尽早报名

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